



**HPE**

HEALTH | PHYSICAL EDUCATION | SPORT

# 2027 SENIOR SUBJECT OFFERINGS

MOVE. LEARN. LEAD. MAKE AN IMPACT.  
*YOUR FUTURE STARTS HERE.*



STRONG BODIES.



STRONG MINDS.




STRONG FUTURES.

# HEALTH

## GENERAL SUBJECT

### QCAA




#### Why Choose Health?

-  **Talk about what really matters:** Alcohol, relationships, resilience, and safety.
-  **Learn through action:** Investigate real-world issues, solve problems, and make an impact.
-  **Build future-ready skills:** Communication, teamwork, research, and critical thinking.
-  **Open doors to your future:** Health sciences, public health, education, nursing & more.

#### What You'll Study:

- Unit 1:** Resilience & Personal Health
- Unit 2:** Family, Friends & Decision Making
- Unit 3:** Community Health & Transport Safety
- Unit 4:** Respectful Relationships & Life After School

#### How You'll Learn:

-  **Action Research** – Investigate real issues
-  **Examinations** – Extended responses to practical problems
-  **Analytical Expositions** – Research & argue your case
-  **External Assessment** – Showcase your understanding



# PHYSICAL EDUCATION

## GENERAL SUBJECT

QCAA




### Why Choose PE?

-  Learn how your body and mind work together to boost performance
-  Train smarter, not just harder: Explore sport science, psychology & biomechanics
-  Get hands-on: Learn through active, practical experiences
-  Build key life skills: Communication, teamwork, resilience & problem-solving
-  Plan your future: Perfect for pathways into fitness, health, sport science & education

### What You'll Study:

- Unit 1** Motor learning, functional anatomy and biomechanics in physical activity
- Unit 2** Sport psychology and equity in physical activity
- Unit 3** Tactical awareness and ethics in physical activity
- Unit 4** Energy, fitness and training in physical activity

### How You'll Learn:

-  **Projects (Folios):** Plan, test & reflect on your own performance strategies
-  **Investigations:** Solve real problems like equity and ethics in sport
-  **Exams:** Show what you know with practical and theory-based responses



# SPORT & RECREATION

## APPLIED

QCAA

### Why Choose Sport & Rec?



**Be active while learning:** Participate in real sports, games & recreation



**Get job-ready:** Build skills for careers in sport, fitness & event management



**Think, plan & lead:** Learn how to coach, officiate & run events



**Hands-on & practical:** Investigate, perform, and evaluate real-world strategies



**Grow your life skills:** Teamwork, communication, leadership & organisation

### What You'll Study:

- Unit 1:** Event Management — Plan & run sport events
- Unit 2:** Coaching & Officiating — Lead & guide teams
- Unit 3:** Optimising Performance — Boost skills & outcomes
- Unit 4:** Emerging Trends — Explore the future of sport & fitness

### How You'll Learn:



**Performance Tasks:** Show what you can do through action



**Projects:** Research, plan, perform & reflect



**Real Feedback:** Evaluate strategies to improve outcomes






# EARLY CHILDHOOD STUDIES

## APPLIED

### QCAA




#### Why Choose Early Childhood Studies?

-  **Make a difference early:** Support children's learning, growth & development
-  **Get job-ready:** Build skills for careers in early childhood education & care
-  **Think, plan & lead:** Learn how to create engaging and inclusive learning experiences
-  **Hands-on & practical:** Investigate, observe, and apply real-world strategies
-  **Grow your life skills:** Teamwork, communication, leadership & empathy

#### What You'll Study:

- Unit 1:** Play & Creativity — Plan & facilitate meaningful learning experiences
- Unit 2:** Child Development — Understand how children grow & learn
- Unit 3:** Literacy & Numeracy — Building everyday reading, writing and maths skills
- Unit 4:** Health, Safety & Wellbeing — Promote safe & supportive environments

#### How You'll Learn:

-  **Performance Tasks:** Show what you can do through action
-  **Projects:** Research, plan, perform & reflect
-  **Real Feedback:** Evaluate strategies to improve outcomes

  
**COURSE COST**  
**\$40**





# SIS20321 CERTIFICATE II IN SPORT COACHING

## BASKETBALL & RUGBY LEAGUE FOCUS

This course is designed for students who wish to specialise in Basketball or Rugby League during their senior years. It provides a strong foundation for those pursuing coaching or involvement in these sports beyond school.



**DEVELOP COACHING KNOWLEDGE**  
skills and game understanding



**PLAN SAFE, EFFECTIVE AND INCLUSIVE**  
coaching sessions



**SUPPORT AND MOTIVATE PARTICIPANTS**  
to achieve their goals



**INCLUDES FIRST AID CERTIFICATE**  
HLTAID011 Provide First Aid



**2-YEAR NATIONALLY RECOGNISED QUALIFICATION**

Nationally Recognised Qualification (SIS20321 Certificate II in Sport Coaching)

**COURSE COST**

**\$150**



**INCLUDES FIRST AID CERTIFICATE**  
HLTAID011 Provide First Aid

